# 2 Week Jhopping List 

## Vgataheses/Frawl Food

Salad fixings--lettuce, cucumber, tomatoes (enough for several nights)
Onion
Green (or red) peppers
2 Garlic Heads
Limes (2)
Oranges (2)
Assorted fruit (enough for several nights)

## Meat

Pork Shoulder Roast
Chicken Breast (3 packs)
Bacon (1 package)
Ground Beef (3 packages in total) or Ground Turkey
1 Package Pepperoni

## Dairy

Mozzerella Cheese-- 2 packages
Cheddar Cheese-- 3 packages
Heavy Cream (1 pint)
Half \& Half (1 pint)
Parmesan Cheese
Butter
Milk (Whole Preferably)
Package Cream Cheese
116 oz tub of Ricotta Cheese

Staples

Rice
Spaghetti Sauce (3 jars)
Ranch Dressing
Tortillas (2 to 3 packages)
Stove Top Stuffing
BBQ Sauce
Ketchup
1 Package Taco Seasoning
Can of Rotel Tomato/Green Chili Blend
Pancake Mix
Chicken Broth
Salad Dressing
Eggs
Hamburger Buns
Bread Crumbs
Coca-Cola (1 small bottle)
Pasta-- 1 package Lasagna
1 package Penne or similar
1 package Elbow Macaroni
2 packages Spaghetti
Frozen
Assorted frozen vegetables
(peas, beans, broccoli)
Hash Browns
Frozen Pizza Crust
French Fries
White Wine (optional)

Other:

